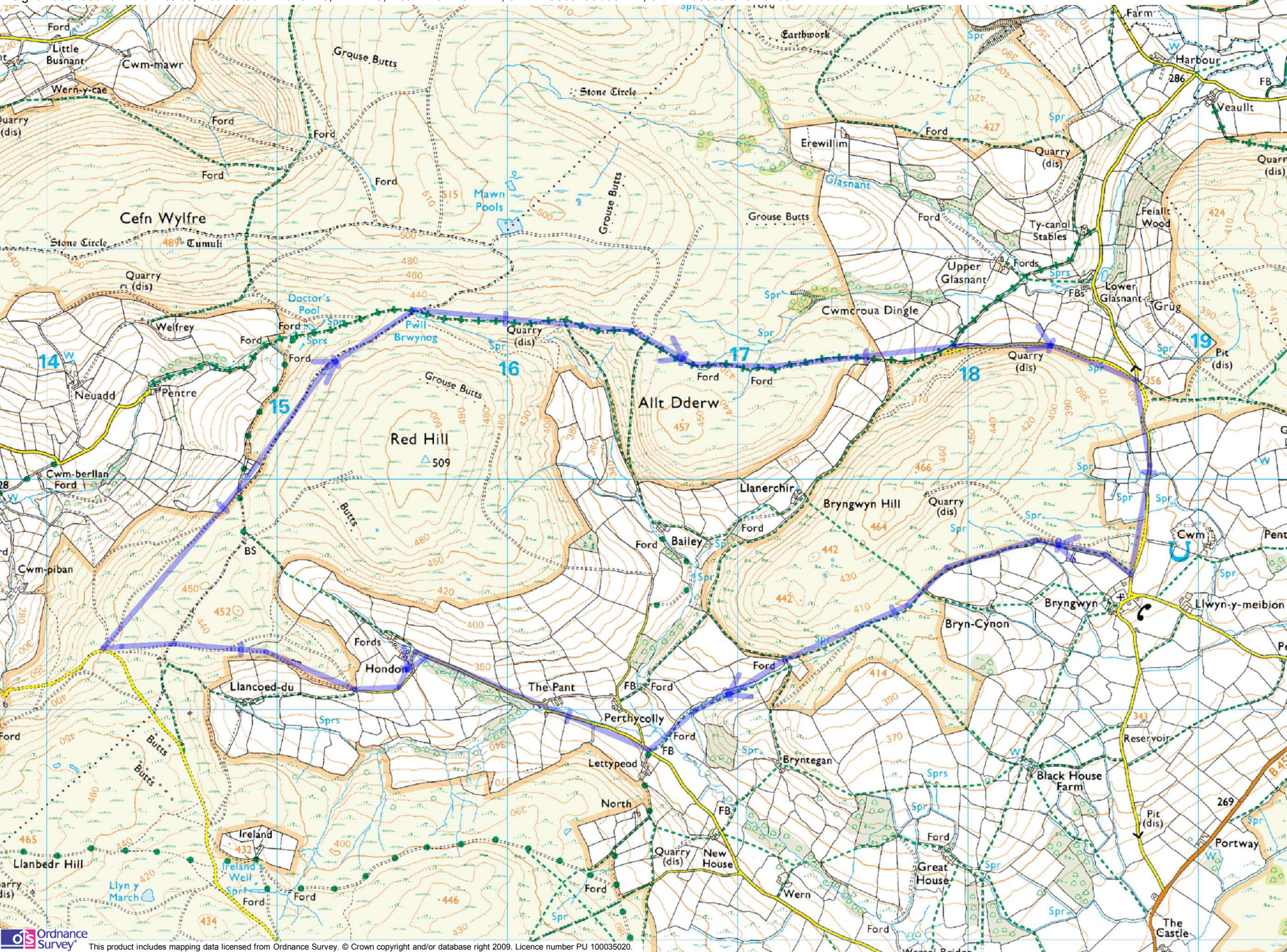
Anquet Maps 2009 www.Anquet.co.uk (Bottom Left - Top Right)-(SO 137 479-SO 193 522) Map printed at 1:20,000

Route: Walk 43 Red Hill/Bryngwyn & Rhulen, Start Point: SO 142 492, End Point: SO 142 492, Flat Length: 6.87 Miles, Hidden Length: 6.89 Miles, Max Height: 439.73 Metres, Min Height: 295.17 Metres, Height Ascended: 311.20 Metres, Estimated Time: 3 hrs, 44 mins, Est Time: 2.3 Mi/hr, 914 m ascent adds 1hr, 914 m descent removes 1h



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